

MOVE it ALL

re-connection retreat

28.11. - 01.12.2019

Germany

**Liberate your voice, heart, emotions and movement
- heal & empower yourself -**

This retreat at the magical place "Auf Heft" surrounded by beautiful nature of Chiemgau (Bavaria/Germany close to Munich) is created to connect deeply with the individual soul essence and open the gates for true expression.

Sing our self back home, let life dance freely through us, dive deep into our divine connection, meet and express our deep inner truth, gain insights about and get tools for health, personal structure and soul-potential, explore and solve our selfdetermined blockages and old programs, find and live our natural power, connect deeply with all that we are

... breathe ... be alive ... move it all ...



Netanel & Anva Goldberg, Mitsch Kohn & Gosia Anna Sereda

**info & booking for the retreat:
info@mitschkohn.de | +49-162 7371402
www.mitschkohn.de/wp/move-it-all/
place: www.auf-heft.de**

prices: 333 € | 288 € (early bird until end of September)